



# Grace Estates

## Adult Day Center

Grace Estates offers adult day services to individuals aged 45 years and above. Our staff actively engages with participants and provides personalized care based on their unique needs and abilities. If you or someone you know is seeking social engagement, mental stimulation, and better community access, our programs and flexible attendance schedules may be the perfect solution. Learn more about how Grace Estates can benefit you or a loved one.

Open 8am to 4pm  
Monday through Friday

515-412-0885

801 NE Venture Drive Waukee, IA

# Grace Estates Adult Day Center

## Activities

By providing a variety of options, we can create a space that meets the needs and interests of every participant. Whether it's a fitness class to stay active, a discussion group to engage in meaningful conversation, or a gardening class to connect with nature, there's something for everyone. We create an environment that fosters social connections, promotes overall wellness, and enhances the quality of life for all who attend.



FIELD TRIPS  
NATURE WALKS  
DISCUSSION GROUPS  
BIBLE STUDIES  
FITNESS CLASSES  
ACTIVITIES WITH CHILDREN  
VISITING PETS  
ARTS AND CRAFTS  
GROUP GAMES  
COMMUNITY ACTIVITIES  
ICE CREAM SOCIALS  
SEASONAL PARTIES  
GARDENING CLASSES  
MOVIE THEATER  
LIVE MUSIC  
SALON SERVICES  
MANICURES  
BIRTHDAY CELEBRATIONS  
CUSTOM ACTIVITIES UPON REQUEST







# Grace Estates

Adult Day Center

## Services

Delicious and Balanced Meals

Engaging Activities and Social Outings

Shower Assistance

Personal Care Assistance

Medication Reminders

Physical Therapy

Occupational Therapy

Speech Therapy

Dementia Care

Full Day Daycare

Half Day Daycare

Respite Daycare

Dental Hygiene Assistance

Transportation

Supervision

Care Coordination

Additional Services Available



# Grace Estates Adult Day Center

## Amenities

Grace Estates is a space that offers a wide range of amenities to cater to all kinds of needs and interests. Our fitness room is equipped with a variety of exercise equipment and is large enough to accommodate group exercise, meditation and yoga.



ENCLOSED COURTYARD  
FIRESIDE LIVING ROOM  
FITNESS ROOM  
ZERO ENTRY ACCESSIBLE SHOWER  
RAISED GARDEN BEDS  
STAGE  
LARGE GROUP MEETING SPACE  
STROLLING PATHS  
SUNROOM



COMPLEMENTARY TRANSPORTATION WITHIN TEN MILES  
OF GRACE ESTATES  
WELLNESS PROGRAMS  
RESTAURANT STYLE BREAKFAST  
CATERED LUNCH PROVIDED BY OUR CHEF  
PRIVATE MEETING SPACE  
FAMILY GATHERINGS  
DISCUSSION GROUPS





# Grace Estates Adult Day Center

## Pricing Guide

### FULL DAY

Activity Programming  
Breakfast and Lunch  
Included  
Full Access to all  
Programs and  
Activities

**\$133.75**

### PARTIAL DAY

Service for Four Hours  
or Less  
Flexible for Families  
Meal Provided  
Personal Care  
Assistance Provided

**\$87.75**

### TRANSPORTATION

Complementary  
transportation within  
10 miles of Grace  
Estates, additional  
charge outside of 10  
mile radius

**VARIES**



GET IN TOUCH TO MAKE RESERVATIONS

515-412-0885

All prices subject to adjustment based on assessment and are billed monthly, prorated based on days scheduled for attendance.

801 NE Venture Dr, Waukee, IA 50623

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Adult Day Center

- Grace Estates Adult Day Center offers daily programming, customized to each individual's interests and abilities. We are staffed to provide individualized activities catering to a variety of interests, hobbies, cognitive abilities, and fitness levels. Monthly activity calendars are available, and additional activities will be provided as participant interest permits.
- Delicious Breakfasts and Lunches provide balanced nutrition to all of our participants. We are able to accommodate food preferences, dietary restrictions, and specialized diets while providing appetizing meals and a pleasant dining experience.
- We understand that each individual has unique health needs and ability levels that can change over time. Our highly trained staff is available to provide shower assistance, incontinence care when needed, compassionate memory care, medication reminders and more.
- We offer a variety of therapy services including physical, occupational, and speech therapy, billed separately, to help each participant maintain their health or recover after a health change. Let us help you maintain your independence and improve your overall health and wellbeing.
- We understand that family involvement is important, and we encourage family members to visit and participate in our activities and events. We host monthly events for families and the community to build connections to benefit everyone.



Questions? Call 515-412-0885 or email [gracekelly@gracestatesadc.com](mailto:gracekelly@gracestatesadc.com)

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